

PSHE curriculum

	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
Year 7	Developing self awareness and reflection: <ul style="list-style-type: none"> <li>personal strengths and areas of development</li> <li>understanding impact of criticism</li> <li>reflecting on own identity</li> </ul>	Developing working relationship and learning skills: <ul style="list-style-type: none"> <li>setting goals and targets</li> <li>communication and team work skills</li> <li>learner identity and styles of learning</li> </ul>	Developing relationship and communication skills: <ul style="list-style-type: none"> <li>healthy relationships</li> <li>relationship boundaries</li> <li>committed relationships</li> </ul>	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>online safety</li> <li>online bullying</li> <li>online privacy</li> </ul>	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> <li>first aid</li> <li>legal and illegal drugs</li> <li>peer pressure</li> </ul>	Developing persuasive, reasoning and assertive communication skills: <ul style="list-style-type: none"> <li>discrimination and bullying</li> <li>challenging prejudice</li> <li>diversity benefits</li> </ul>
Year 8	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>emergency response</li> <li>personal safety</li> <li>road safety</li> </ul>	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> <li>mental and emotional health</li> <li>physical wellbeing</li> <li>media imagery</li> </ul>	Developing self awareness, reflection and choice making skills: <ul style="list-style-type: none"> <li>personal strengths and application to careers</li> <li>different work places</li> <li>making informed choices</li> </ul>	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>dealing with online abuse</li> <li>online imagery</li> <li>privacy boundaries</li> </ul>	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> <li>substance abuse and addiction</li> <li>group think</li> <li>risk of substance use</li> </ul>	Developing relationship and communication skills: <ul style="list-style-type: none"> <li>rights and responsibilities</li> <li>British values</li> <li>laws and young people</li> </ul>
	These are taught as a rotation across the year					
Year 9	Developing relationship and communication skills: <ul style="list-style-type: none"> <li>consent and peer abuse</li> <li>healthy relationships</li> <li>relationship breakdowns</li> </ul>	Developing self awareness, reflection and choice making skills: <ul style="list-style-type: none"> <li>personal limitations</li> <li>online profile</li> <li>career paths</li> </ul>	Developing persuasive, reasoning and assertive communication skills: <ul style="list-style-type: none"> <li>fake news and social media</li> <li>advantages of a diverse society</li> </ul>	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>online image sharing</li> <li>respectful relationships</li> </ul>		

	These are taught as a rotation across the year					
Year 10	Developing persuasive, reasoning and assertive communication skills: <ul style="list-style-type: none"> <li>• cults and fake news</li> <li>• extremism and intolerance</li> <li>• harassment and discrimination</li> </ul>	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> <li>• stress, anxiety and depression</li> <li>• emotion management</li> <li>• self confidence</li> </ul>	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>• habits and addictions</li> <li>• wider impact of substance use</li> </ul>	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>• respectful relationships</li> <li>• organ donation</li> <li>• vaping</li> </ul>		
Year 11	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> <li>• mental health</li> <li>• coping strategies</li> <li>• support mechanisms</li> </ul>	Developing relationship and communication skills: <ul style="list-style-type: none"> <li>• sexual readiness</li> <li>• contraception</li> <li>• respectful relationships</li> </ul>	Developing risk management, decision making and support seeking skills: <ul style="list-style-type: none"> <li>• cosmetic processes</li> <li>• body image</li> <li>• substance misuse</li> </ul>	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> <li>• post 16 opportunities</li> <li>• preparing for exams</li> </ul>		